

Instructions for writing an Intended Therapy Plan (ITP)

A. Definition of a behavioral objective: A statement that describes a specific target behavior to be achieved, in observable and measurable terms.

B. Components: Performance, conditions, criteria, rationale.

Performance – States what the learner is expected to be able to do and what will be demonstrated; equals capability. Written in behavioral terms which clearly state the observable action to be measured. Examples of behavioral terms: write, recite, point to, say, etc. Always reflects what the client will do, not what the clinician will do. Written as a singular trial.

Examples: “the client will produce an initial /s/ blend at the word level”
“the client will point to named object from a field of 3”
“the client will follow a 2-step direction”
“the client will repeat a 3-syllable word”

Conditions: States the situation in which the target behavior is performed. Includes the initial stimulus, context, and type and amount of cues required.

Examples: “while naming pictures, given 1 verbal and 1 phonemic cue”
“independently, while completing functional writing activities”
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determine stimulability. For therapy, it may include a citation regarding developmental norms