Findings

A. General Health of College Students

40.9

B. Disease and Injury Prevention

College students reported receiving the following vaccinations (shots):

61.0 % reported receiving vaccination against hepatitis B.
49.2 % reported receiving vaccination against Human Papillomavirus/HPV (cervical cancer vaccine).
40.9

C. Academic Impacts

Within the last 12 months, students reported the following factors affecting their individual academic performance, defined as: received a lower grade on an exam, or an important project; received a lower grade in the course; received an incomplete or dropped the course; or experienced a significant disruption in thesis, dissertation, research, or practicum work; (listed alphabetically):

Alcohol use:	2.1 %	Gambling:	0.5 %
Allergies:	3.1 %	Homesickness:	3.8 %
Anxiety:	25.6 %	Injury:	2.8 %
Assault (physical):	0.5 %	Internet use/computer games:	9.8 %
Assault (sexual):	1.0 %	Learning disability:	4.6 %
Attention Deficit/Hyperactivity Disorder:	4.2 %	Participation in extracurricular activities:	3.9 %
Cold/Flu/Sore throat:	18.6 %	Pregnancy (yours or partner's):	1.3 %
Concern for a troubled friend or family member:	15.5 %	Relationship difficulties:	11.3 %
Chronic health problem or serious illness:	4.9 %	Roommate difficulties:	3.7 %
Chronic pain:	4.2 %	Sexually transmitted disease/ infection (STD/I):	0.0 %
Death of a friend or family member:	7.3 %	Sinus infection/Ear infection/ Bronchitis/Strep throat:	3.7 %
Depression:	20.1 %	Sleep difficulties:	23.8 %
Discrimination:	1.5 %	Stress:	34.3 %
Drug use:	1.6 %	Work:	21.4 %
Eating disorder/problem:	1.6 %	Other:	2.0 %
Finances:	15.8 %		

D. Violence, Abusive Relationships and Personal Safety

Within the last 12 months, college students reported experiencing:

Percent (%)	Male	Female	Total
A physical fight	6.0	2.3	2.9
A physical assault (not sexual assault)	0.0	3.5	2.8
A verbal threat	17.2	15.7	16.4
Sexual touching without their consent	3.4	9.5	8.4
Sexual penetration attempt without their consent	0.0	3.3	2.6
Sexual penetration without their consent	0.0	2.3	1.8
Stalking	2.6	6.9	6.5
An emotionally abusive intimate relationship	3.4	11.4	10.2
A physically abusive intimate relationship	0.9	1.2	1.3
A sexually abusive intimate relationship	0.0	2.5	1.9

Findings continued

College students reported feeling very safe

Percent (%)	Male	Female	Total
On their campus (daytime)	84.5	79.9	81.0
On their campus (nighttime)	52.6	18.3	24.6
In the community surrounding their school (daytime)	52.2	44.3	46.5
In the community surrounding their school (nighttime)	29.3	11.8	15.6

E. Tobacco, Alcohol and Marijuana Use

Reported use versus perceived use - reported use for all students within the past 30 days compared with how often students perceived the typical student on campus used substances within the same time period. The last line of each table combines all categories of any use in the last 30 days.

Cigarette	**Actual Use**			**Perceived Use**		
Percent (%)	**Male**	**Female**	**Total**	**Male**	**Female**	**Total**
Never used	69.8	84.2	81.6	17.2	13.7	15.0
Used, but not in the last 30 days	19.8	11.8	13.4	12.9	8.3	8.9
Used 1-9 days	6.0	2.1	2.7	41.4	40.8	40.8
Used 10-29 days	0.9	0.4	0.5	10.3	18.4	16.9
Used all 30 days	3.4	1.5	1.8	18.1	18.8	18.4
Any use within the last 30 days	10.3	3.9	5.0	69.8	78.1	76.1

E-Cigarette	**Actual Use**			**Perceived Use**		
Percent (%)	**Male**	**Female**	**Total**	**Male**	**Female**	**Total**
Never used	75.9	88.8	86.6	15.5	13.8	14.8
Used, but not in the last 30 days	13.8	8.8	9.5	10.3	6.5	7.1
Used 1-9 days	5.2	1.5	2.1	44.0	37.8	38.8
Used 10-29 days	0.9	0.4	0.5	9.5	20.3	17.9
Used all 30 days	4.3	0.6	1.3	20.7	21.7	21.4
Any use within the last 30 days	10.3	2.5	3.9	74.1	79.7	78.1

Tobacco from a water pipe (hookah)	**Actual Use**			**Perceived Use**		
Percent (%)	**Male**	**Female**	**Total**	**Male**	**Female**	**Total**
Never used	75.9	83.5	82.4	26.5	17.4	19.5
Used, but not in the last 30 days	19.8	12.7	13.9	20.4	12.2	13.5
Used 1-9 days	2.6	3.8	3.4	38.1	48.5	46.6
Used 10-29 days	1.7	0.0	0.3	8.8	13.9	13.0
Used all 30 days	0.0	0.0	0.0	6.2	7.9	7.5
Any use within the last 30 days	4.3	3.8	3.7	53.1	70.3	67.0

College students reported doing the following most of the time or always when they "partied" or socialized during the last 12 months:*

Percent (%)	Male	Female	Total
Alternate non-alcoholic with alcoholic beverages	34.9	42.3	41.8
Avoid drinking games	47.8	44.5	45.3
Choose not to drink alcohol	29.6	35.2	33.9
Determine in advance not to exceed a set number of drinks	47.7	56.7	54.5
Eat before and/or during drinking	73.8	85.9	84.2
Have a friend let you know when you have had enough	48.5	55.0	54.3
Keep track of how many drinks being consumed	62.1	77.9	75.3
Pace drinks to one or fewer an hour	37.9	50.0	48.3
Stay with the same group of friends the entire time drinking	86.6	93.1	91.5
Stick with only one kind of alcohol when drinking	51.5	69.1	65.9
Use a designated driver	77.6	91.3	89.1
Reported one or more of the above	93.1	96.4	95.7

*Students responding "N/A, don't drink" were excluded from this analysis.

College students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol:*

Percent (%)	Male	Female	Total
Did something you later regretted	23.5	22.2	22.7
Forgot where you were or what you did	19.4	19.5	19.4
Got in trouble with the police	6.0	1.8	2.4
Someone had sex with me without my consent	0.0	1.5	1.2
Had sex with someone without their consent	1.5	0.0	0.2
Had unprotected sex	20.9	21.8	21.3
Physically injured yourself	10.4	7.2	8.0
Physically injured another person	1.5	0.6	0.7
Seriously considered suicide	3.0	2.1	2.4
Reported one or more of the above	42.6	40.2	40.6

*Students responding "N/A, don't drink" were excluded from this analysis.

F. Sexual Behavior

College students reported having the following number of sexual partners (oral sex, vaginal or anal intercourse) within the last 12 months:

Percent (%)	Male	Female	Total
None	34.8	27.8	29.5
1	45.5	55.5	53.1
2	4.5	7.4	7.0
3	3.6	3.6	3.8
4 or more	11.6	5.7	6.6

Number of partners among students reporting to have at least one sexual partner within the last 12 months:*

	Male	Female	Total
Mean	3.40	1.72	2.00
Median	1.00	1.00	1.00
Std Dev	9.57	3.02	4.82

*Students reporting 0 sexual partners within the last 12 months were excluded.

College students reported having oral, vaginal or anal sex in the last 30 days:

Oral sex within the past 30 days

Percent (%)	Male	Female	Total
No, have never done this sexual activity	29.8	27.9	28.6
No, have done this sexual activity but not in the last 30 days	27.2	24.0	24.2
Yes	43.0	48.1	47.2

Vaginal sex within the past 30 days

Percent (%)	Male	Female	Total
No, have never done this sexual activity	35.1	25.2	27.5
No, have done this sexual activity but not in the last 30 days	22.8	17.1	18.0
Yes	42.1	57.7	54.5

Anal sex within the past 30 days

Percent (%)	Male	Female	Total
No, have never done this sexual activity	55.3	71.8	68.2
No, have done this sexual activity but not in the last 30 days	38.6	21.9	25.2
Yes	6.1	6.3	6.5

Findings continued

Using a condom or other protective barrier within the last 30 days (mostly or always):

Percent (%)	Male	Female	Total
Sexually active students reported*			
Oral sex	5.1	7.6	7.3
Vaginal intercourse	42.3	38.2	39.1
Anal intercourse	24.1	23.1	23.9

*Students responding "Never did this sexual activity" or "Have not done this during the last thirty days" were excluded from the analysis.

Contraceptive use reported by students or their partner the last time they had vaginal intercourse:

Percent (%)	Male	Female	Total
Yes, used a method of contraception	**46.1**	**55.3**	**53.3**
Not applicable/Didn't use a method/Don't know	53.9	44.7	46.7

If YES to contraceptive use the last time student had vaginal intercourse, reported means of birth

G. Nutrition and Exercise

College students reported usually eating the following number of servings of fruits and vegetables per day:

Percent (%)	Male	Female	Total
0 servings per day	12.1	9.9	10.6
1-2 per day	68.1	64.8	65.2
3-4 per day	14.7	21.3	20.1
5 or more per day	5.2	3.9	4.0

College students reported the following behaviors within the past 7 days:

Do moderate-intensity cardio or aerobic exercise for at least 30 minutes:

Percent (%)	Male	Female	Total
0 days	15.7	21.0	20.1
1-4 days	64.3	65.40 G[(6)-5(4)-5(.)-2(3)]TJETf1 0 C /P <</M

Felt very sad

Percent (%)	Male	Female	Total
No, never	34.5	17.7	20.9
No, not last 12 months	13.3	10.0	10.9
Yes, last 2 weeks	17.7	31.3	28.7
Yes, last 30 days	4.4	15.4	13.2
Yes, in last 12 months	30.1	25.6	26.3
Any time within the last 12 months	52.2	72.3	68.2

Felt so depressed that it was difficult to function

Percent (%)	Male	Female	Total
No, never	41.7	35.0	36.4
No, not last 12 months	19.1	20.0	19.7
Yes, last 2 weeks	12.2	16.9	16.1
Yes, last 30 days	3.5	9.0	7.6
Yes, in last 12 months	23.5	19.2	20.2
Any time within the last 12 months	39.1	45.0	43.9

Felt overwhelming anxiety

Percent (%)	Male	Female	Total
No, never	39.1	21.9	25.4
No, not last 12 months	15.7	9.8	10.9
Yes, last 2 weeks	20.0	30.2	28.3
Yes, last 30 days	4.3	18.5	15.3
Yes, in last 12 months	20.9	19.6	20.2
Any time within the last 12 months	45.2	68.3	63.7

Felt overwhelming anger

Percent (%)	Male	Female	Total
No, never	42.1	31.2	33.8
No, not last 12 months	18.4	18.3	18.0
Yes, last 2 weeks	14.0	20.0	18.9
Yes, last 30 days	6.1	9.4	8.5
Yes, in last 12 months	19.3	21.2	20.8
Any time within the last 12 months	39.5	50.5	48.1

Seriously considered suicide

Percent (%)	Male	Female	Total
No, never	74.8	71.8	72.5
No, not last 12 months	14.8	18.0	17.2
Yes, last 2 weeks	0.9	2.3	2.1
Yes, last 30 days	1.7	1.7	1.8
Yes, in last 12 months	7.8	6.2	6.5
Any time within the last 12 months	10.4	10.1	10.4

Attempted suicide

Percent (%)	Male	Female	Total
No, never	87.8	86.1	86.4
No, not last 12 months	11.3	12.4	12.3
Yes, last 2 weeks	0.0	0.6	0.5
Yes, last 30 days	0.0	0.2	0.2
Yes, in last 12 months	0.9	0.6	0.6
Any time within the last 12 months	0.9	1.4	1.3

Intentionally cut, burned, bruised, or otherwise injured yourself

Percent (%)	Male	Female	Total
No, never	82.6	75.5	77.1
No, not last 12 months	13.0	18.5	17.3
Yes, last 2 weeks	0.0	1.7	1.3
Yes, last 30 days	0.9	1.5	1.3
Yes, in last 12 months	3.5	2.9	2.9
Any time within the last 12 months	4.3	6.0	5.5

Within the last 12 months, diagnosed or treated by a professional for the following:

Percent (%)	Male	Female	Total
Anorexia	1.8	1.3	1.3
Anxiety	9.6	19.3	17.5
Attention Deficit and Hyperactivity Disorder	3.5	3.3	3.7
Bipolar Disorder	2.6	1.7	2.0
Bulimia	0.9	1.0	1.0
Depression	12.3	15.4	14.8
Insomnia	4.4	6.7	6.2
Other sleep disorder	3.5	2.3	2.6
Obsessive Compulsive Disorder	2.6	1.9	2.1
Panic attacks	2.6	10.8	9.4
Phobia	0.9	1.3	1.3
Schizophrenia	0.9	0.2	0.3
Substance abuse or addiction	4.4	1.7	2.1
Other addiction	2.6	1.0	1.3
Other mental health condition	3.5	2.1	2.4
Students reporting none of the above	78.3	75.6	75.9
Students reporting only one of the above	8.7	5.2	5.8
Students reporting both Depression and Anxie	6.1	12.8	11.7
Students reporting any two or more of the above excluding the combination of Depression and Anxiety	7.0	8.5	8.4

Within the last 12 months, any of the following been traumatic or very difficult to handle:

Percent (%)	Male	Female	Total
Academics	43.0	54.8	52.6
Career-related issue	30.7	38.8	37.5
Death of family member or friend	17.5	19.5	18.9
Family problems	33.3	43.3	41.7
Intimate relationships	28.9	32.9	32.3
Other social relationships	24.6	28.8	28.4
Finances	46.9	52.2	51.6
Health problem of family member or partner	21.9	32.2	30.1
Personal appearance	23.7	40.2	37.0
Personal health issue	23.0	32.4	31.0
Sleep difficulties	32.5	38.4	37.5
Other	20.5	12.3	14.0
Students reporting none of the above	33.0	17.6	20.6
Students reporting only one of the above	9.6	9.5	9.4
Students reporting 2 of the above	8.7	9.1	8.9
Students reporting 3 or more of the above	48.7	63.8	61.2

Demographics and Student Characteristics

Age:	
18 - 20 years:	28.5 %
21 - 24 years:	39.5 %
25 - 29 years:	16.0 %
30+ years:	16.0 %

Gender*	
Female:	78.2 %
Male:	18.8 %
Non-binary	3.1 %

Student status:	
1st year undergraduate:	14.0 %
2nd year undergraduate:	9.6 %
3rd year undergraduate:	33.4 %
4th year undergraduate:	26.8 %
5th year or more undergraduate:	15.6 %
Graduate or professional:	0.2 %
Not seeking a degree:	0.0 %
Other:	0.5 %
Full-time student:	93.2 %
Part-time student:	6.3 %
Other student:	0.5 %

Students describe themselves as:	
White:	27.0 %
Black or African American:	9.6 %
Hispanic or Latino/a:	33.5 %
Asian or Pacific Islander:	26.8 %
American Indian, Alaskan Native or Native Hawaiian:	1.8 %
Biracial or Multiracial:	7.7 %
Other:	4.3 %

International Student:	
International:	2.9 %

Students describe themselves as:	
Asexual:	0.5 %
Bisexual:	7.5 %
Gay:	2.1 %
Lesbian:	1.3 %
Pansexual:	1.3 %
Queer:	1.5 %
Questioning:	0.8 %
Straight/Heterosexual	84.4 %
Another identity:	0.7 %

Relationship status:

Not in a relationship-5(s63)-2( )-2(89f)]TJETQ EMC /P < 428.23 Tt45.e31 639.34 reW* .34 reW* nBT/F1

Housing: